

## THE YEAR OF THE LORD'S FAVOR

*"The Spirit of the Lord is on me, because he has anointed me to preach good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to release the oppressed, to proclaim the year of the Lord's favor."*

Luke 4:18-19 (NIV)

### MATTHEW 11:28-30

### CHOOSING GOD'S WAY

*"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."*

1. God invites us into a life experience that is unequalled. We get there when we submit our lives into God's CARE and CONTROL.
2. There are obstacles to experiencing what God offers:
  - PRIDE
  - GUILT
  - FEAR
  - WORRY
  - DOUBT
3. How can I let go and yield my life into God's hands?
  - Accept God's invitation to *know Him* through His Son Jesus.
  - Adopt God's word as my *standard* for living.
  - Acknowledge that God has a *will and a purpose* for me.
  - Assert my reliance on God as my *source* of strength.

*The Sovereign LORD is my strength; he makes my feet like the feet of a deer, he enables me to go on the heights.*

Habakkuk 3:19 (NIV)

*I can do everything through him who gives me strength.*

Philippians 4:13 (NIV)

*Nehemiah said..."This day is sacred to our Lord. Do not grieve, for the joy of the LORD is your strength."*

Nehemiah 8:10 (NIV)